

[LIFE ID] IDENTIFYING YOUR LIFE

The most influential thinker in the fifth century was Socrates whose dedication to careful reasoning is expressed in the aphorism that “the unexamined life is not worth living” (Apology 38a). Most of us experience a profound hunger to understand ourselves, our families, our neighbours and the world that that is around us. This is especially true when we are changing, growing, experiencing a crisis or being somehow transformed.

IDENTIFYING A LIFE WORTH LIVING

Conversation, information, friendship, challenge, care – these are some of the elements that enable a life examination. Unbiased assessments and interviews – what we call [Life/ID] – are helpful components of the process for ID discovery for adults in personal, relational and vocational work or transition. These changes call out for an examination of our lives so that we don't make the same mistakes again and so that we can add wisdom to our experience.

ID – IDENTIFICATION AND DISCOVERY

We all have an identity – the person we know we are and the person that is lived out in our relational world. We can identify ourselves ... mostly.

But there are hidden parts of our lives, aspects of our personalities that others can see but that we are blind to. Our “blindness” is carried into our family, business and team worlds and it is this area that limits our leadership and personal success.

[Life/ID] is particularly important in the following areas:

1. Considering a vocational call -- deciding if remunerated pastoral ministry is good for you and your family.
2. Leadership Development – assessing strengths and weaknesses in personality and skills.
3. Team Building – giving team members common language and empathic understanding.
4. Individual Development – working through challenges and opportunities for personal and family growth.
5. Career Change – discerning what work is right in career change.

HOW [LIFE/IDI] WORKS

We have selected some of the finest empirical instruments to allow you to examine your life and your options and we have reduced the costs so that this service is within reach of couples, students, homemakers and those in business start-ups.

Some of the assessments have been clustered to further reduce costs.

You can complete these assessments in your home and on your own computer (internet access is required). Once the assessments are completed, life and career coaching can commence within days.

Check with your EAP to see if psychological and/or vocational assessment is covered under your policy with a Registered Psychologist (R.Psych.).

Please note: face-to-face psychological testing and interpretation is only available in the Vancouver, BC area. If you are travelling to Vancouver, we can arrange the interpretive interviews on your arrival. Or we can work with you in telephone consults.

OUR [LIFE/IDI] ASSESSMENTS

We use a combination of several of the following assessments. They are selected on the basis of your goals and aspirations.

1. Strong Interest Inventory® and Skills Confidence (2004)
2. Strong Interest Inventory® Profile and Interpretative Report (2004)
3. California Psychological Inventory® (CPI 260)
4. California Psychological Inventory® (CPI 434)
5. 16 PF (16 Personality Factors)
6. 16PF Couple Format
7. Fundamental Interpersonal Relationship Orientation (FIRO-B®)
8. Myers-Briggs Type Indicator (various formats for personal development, organizations, leadership, relationship assessment)
9. Stress Profile

10. Thomas-Kilmann Conflict Mode Instrument
11. Work Personality Index (personal effectiveness or career transition reports)
12. Career Values Scale

ADDITIONAL [LIFE/ID] ASSESSMENTS

The following assessments can be found online without psychologist permission. Most have no cost attached to them. There are many other questionnaires on the web that might prove helpful to you.

13. Keirsey Temperament Sorter (<http://www.keirsey.com/>)
14. FACES IV Questionnaire -- "Family Adaptability and Cohesion Scale" (<http://www.facesiv.com/>)
15. Depression Test Abridged
(http://discoveryhealth.queendom.com/depression_abridged_access.html)
16. Locke-Wallace Marital Adjustment Test (and other John Gottman marital assessments)
(bestmarriages.com/gottman/final%20assessments.pdf)
17. Conflict Resolution Questionnaire (<http://www.qvctc.commnet.edu/classes/ssci121/questnr.html>)

[LIFE/ID] PACKAGES

The following packages provide best value for you. Please note that this price does not include the regular fee for counselling and interpretation. Also, check with your EAP or insurance provider for your coverage for psychological and / or vocational assessment and counselling with a Registered Psychologist (R.Psych.).

Character and Call [Personality] (FEE OF \$400 per person, Taxes Included)

1. Myers-Briggs Type Indicator.
2. 16 PF (Personality Factor).
3. FIRO-B which measures the individual's interpersonal relationship orientation on a behavioral level.
4. Stress Profile.
5. Thomas-Kilmann Conflict Mode Instrument.

Note: These assessments can be "paired" for couples who wish to complete them together .

Career Assessment ID (FEE OF \$250 per person, TI). This format is for those who wish vocational assessment only. Additional assessments can be considered.

1. Strong Interest Inventory® and Skills Confidence (2004) using Canadian vocational interest norms.
The SII comes with a computer readout of vocational interests.
2. Work Personality Index.
3. Career Values Scale.

Personal Assessment ID (FEE OF \$450 per person, T.I.). This format is for more in-depth personal and relational assessment for work and relationships. Additional personality assessments, at an additional cost, can be utilized.

1. California Psychological Inventory (260), using the Narrative Score Report (including several pages of description of personality characteristics, occupational comparisons and vocational observations). Or 16 PF (16 Personality Factor).
2. FIRO-B which measures the individual's interpersonal relationship orientation on a behavioral level. The person's level of involvement in affection, control and inclusion can be ranked. This is especially helpful in measuring the person's personality pattern in working within teams.
3. Myers-Briggs Type Indicator.
4. Strong Interest Inventory and Skills Confidence (2004) using Canadian vocational interest norms. The SII comes with a computer readout of vocational interests.

Relational Assessment ID (FEE OF \$550 per couple, T.I.). This format is for vocational or relational pairs to assess compatibility and complementarity in both work and relationships. These assessments are appropriate for engaged couples as a supplement to pre-marriage counselling or education.

1. Fundamental Interpersonal Relationship Orientation (FIRO-B®).
2. Myers-Briggs Type Indicator (various formats for personal development, organizations, leadership, relationship assessment).
3. Work Personality Index (personal effectiveness or career transition reports).
4. 16 PF (16 Personality Factor, Paired).

For more information or further explanation:

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ORDER FORM

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

PLEASE INDICATE YOUR REQUESTS:

- Character and Call [Personality]** (FEE OF \$400 per person, Taxes Included)
- Career Assessment ID** (FEE OF \$250 per person, Taxes Included). This format is for those who wish vocational assessment only. Additional assessments can be considered.
- Personal Assessment ID** (FEE OF \$450 per person, T.I.). This format is for more in-depth personal and relational assessment for work and relationships. Additional personality assessments, at an additional cost, can be utilized.
- Relational Assessment ID** (FEE OF \$550 per couple, T.I.). This format is for vocational or relational pairs to assess compatibility and complementarity in both work and relationships. These assessments are appropriate for engaged couples as a supplement to pre-marriage counselling or education.
- OTHER ASSESSMENTS: _____
- QUESTIONS OR COMMENTS: _____